



When you need help,
we'll be here for you.

ON CALL, ONLINE AND ON THE GROUND, 24/7/365.

For more than 25 years, we've been helping our members stay healthy, safe, and secure. Our worldwide reach spans over 70 countries with 27 assistance centers, 32 clinics, and a fleet of air ambulances. The medical and security expertise of our multilingual staff assures you of the very best assistance and care.

When do I use this membership?

Before you leave, prepare yourself:

- Access accurate, real-time information on www.internationalsos.com. View country guides, online medical and security reports, and sign up for health and safety e-mail alerts
- Call an Assistance Center for pre-travel information (i.e., vaccination, required medication and travel security concerns)

While abroad, stay healthy, safe and secure. Contact us when you:

- Seek health, safety, and security advice
- Need to speak with an experienced internationally trained doctor or security specialist
- Need a local doctor or other provider credentialed by our medical staff
- Require supplies of medication or equipment
- Need travel advice on loss of travel documents or legal assistance

In an emergency, call us right away to:

- Arrange medical transportation or care
- Coordinate medical fees, when approved
- Monitor your condition and advise
- Evacuate you to a center of medical excellence if local care is inadequate or to a secure location
- Provide help if your safety is at risk
- Contact your family

Your membership entitles you to access a powerful resource for worldwide medical, security, travel, and emergency assistance. **Take advantage of it!**



Medical advice and assistance provided by International SOS

Security advice and assistance provided by a Joint venture of International SOS and Control Risks



Welcome

You're now a member of
International SOS.

Rest assured. You now have your very own personal, medical, and security assistance advisor for emergencies, as well as routine advice when outside your home country.

Reach out to International SOS if you need a routine referral, lose your medication, or have a medical or security crisis. International SOS is here to help and ensure you get what you need anytime, anywhere. That's what we do best.

Keep this card handy as you travel, live, and work. It contains your membership number and phone numbers to access International SOS 24/7/365.

Visit www.internationalsos.com, enter your membership number, and discover all that International SOS can do for you.

Fold



If you need medical or security advice or assistance, call us 24 hours a day, 7 days a week (call collect where available):

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www.internationalsos.com

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