Tree Climb

Whether an adrenaline junkie, nature lover or kid at heart, tree climbing is the place for you! You will learn how to use a ten foot tall sling shot to rig trees, use ascenders to get into the canopy and other techniques to move within the tree. There will also be plenty of time to pause and check out the view! You’ll finally get to climb as high up as you have always wanted! $20

Class 1: Wednesday 3/28 4:30 – 7:00 PM
Class 2: Friday 3/30 3:00 – 6:00 PM
Outing: Saturday 3/31 10 AM – 6 PM

Day Peak Hike

Simply looking for a day hike? Class time will cover the basics of trip planning and outfitting for a hike. For the outing we will have a jam-packed day driving to and hiking or snowshoeing a peak in the Southern or Central Adirondacks. Get your boots ready for the trail. $25

Class 1: Thursday 3/22 4:30-7:00
Class 2: Saturday 3/24 7:00 AM – 7:00 PM

Backcountry Cooking

Ever wonder why everything tastes better in the outdoors? You will cook delicious food from ‘scratch’ and be on your way to becoming the next Iron (backcountry) Chef! Join us and learn how to please your belly with artfully crafted food in the wilderness. $20

Class 1: Tuesday 3/20 4:30-7:00 PM
Class 2: Tuesday 3/27 4:30-7:00 PM
Class 3: Tuesday 4/3 4:30-7:00 PM
Class 4: Tuesday 4/10 4:30-7:00 PM
Hike and Paddle

Can’t decide which course to take? Then combine two favorites: hiking and paddling. As winter is still departing, you will spend time hiking locally among the fading snow and buds of spring. Once the lake and rivers thaw, you will spend a Saturday exploring some local calm waterways (in canoe and/or kayak) and enjoying that penetrating warmth of the sun. There is no better way to kick start spring! $15

**Class 1:** Wednesday 3/21  5:30 – 7:00 PM  
**Outing 1:** Saturday 3/24  10:00 AM – 6:00 PM  
**Outing 2:** Saturday 3/31  10:00 AM – 6:00 PM

Caving

Never have I ever seen absolute darkness. Is this true for you? If it is, come join us on an adventure into a place where it is 52 degrees year round and the only light is a narrow beam attached to your head. You will learn about the creatures that actually live in the caves and how we, as guests, can navigate their home. With a cozy overnight in a cabin, you will have the opportunity to explore one of New York’s finest caves! $25

**Class 1:**  Wednesday 3/21  6:30-9:00 PM  
**Outing:**  Friday-Saturday 3/23-24  4:30 PM Fri – 6 PM Sat

Intro to Whitewater Kayak

Get your feet wet and enjoy the thrill of whitewater kayaking--the hottest sport around! You will progress from flat water to moving water to white water and will learn the basic strokes, river reading and safety, eddy turns, peel outs, ferries and can try your hand at the Eskimo roll. Guaranteed fun! $40

**Class 1 (pool):** Thursday 4/19  6:30-9:00 PM  
**Class 2 (pool):** Thursday 4/26  6:30-9:00 PM  
**Outing:**  Friday-Sunday 4/27-29  4:30 PM Fri – 7 PM Sun
Outdoor Rock Climbing

Imagine yourself riverside on the Mohawk, with rock (metasyenite) over a billion years old under your hands and feet. You’ll learn to belay and tie climbing knots and then use those skills outdoors on real rock. **$25**

*Make-up class is offered only for weather cancellation of the outing.*

**Section A**

- **Class 1 (wall):** Tuesday 4/3 4:30 – 6:30 PM
- **Class 2 (wall):** Tuesday 4/10 4:30 – 6:30 PM
- **Outing:** Saturday 4/14 10 AM – 6:30 PM
- **Make up**: Sunday 4/15 10 AM – 6:30 PM

**Section B**

- **Class 1 (wall):** Thursday 4/19 4:30 – 6:30 PM
- **Class 2 (wall):** Thursday 4/26 4:30 – 6:30 PM
- **Outing:** Saturday 4/28 10 AM – 6:30 PM
- **Make up**: Sunday 4/29 10 AM – 6:30 PM

Outdoor Bouldering

Simplicity is the theme--shoes, chalk and pad are all you need to climb some really sick lines. Bouldering being a social outing, you'll learn to coach, spot and protect your climbing mates. No matter what your climbing ability, there will be boulders you send, boulders to challenge you and boulders for next time. **$25**

*Make-up class is offered only for weather cancellation of the outing.*

**Class 1 (wall):** Wednesday 4/18 4:30 – 6:30 PM
**Class 2 (wall):** Wednesday 4/25 4:30 – 6:30 PM
**Outing:** Saturday 4/28 10 AM – 6:30 PM
**Make up**: Sunday 4/29 10 AM – 6:30 PM
**Mountain Biking**

Looking to burn off a little steam? Grab a bike and ride dirt roads and local double and single track trails. Explore the woods in low or high gear while crankin’ up hills, cruisin’ down hills and pausing at scenic overlooks. Through the course you will learn essential skills such as: riding techniques, bike maintenance, leave no trace practices, map reading and dressing for the outdoors. Note: Participants can either provide their own bike or rent from Outdoor Education (limited).

*Sign up in person to reserve a bike.*
No experience necessary! **$20 ($40 with rental)**

<table>
<thead>
<tr>
<th>Class</th>
<th>Date</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Class 1</td>
<td>Thursday</td>
<td>4/5</td>
</tr>
<tr>
<td>Class 2</td>
<td>Thursday</td>
<td>4/12</td>
</tr>
<tr>
<td>Class 3</td>
<td>Thursday</td>
<td>4/19</td>
</tr>
<tr>
<td>Class 4</td>
<td>Thursday</td>
<td>4/26</td>
</tr>
</tbody>
</table>

**Survival**

What would you do if you had to survive a cold Hamilton night without the comforts of four walls and a bed? Learn the basics of survival including the how-to’s of fire, shelter, edible plants and water, then put your new skills to practice during an overnight trip sleeping in your own hand-made shelter. No experience needed! **$20**

<table>
<thead>
<tr>
<th>Class</th>
<th>Date</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Class 1</td>
<td>Wednesday</td>
<td>4/4</td>
</tr>
<tr>
<td>Class 2</td>
<td>Wednesday</td>
<td>4/11</td>
</tr>
<tr>
<td>Outing</td>
<td>Friday-Saturday</td>
<td>4/13-14</td>
</tr>
</tbody>
</table>