

# V. Student Life

## Student Affairs

### Office of the Dean of the College

The dean of the college and the dean's staff have responsibility for the quality of undergraduate student life beyond the classroom. As a residential liberal arts college, Colgate expects that extracurricular life on campus will complement a student's learning experience as well as enhance practical skill development and personal growth. The university provides opportunities and support for constructive forms of self-governance that help guide students on and off campus.

In order to provide basic services to students, members of the dean's staff provide health service, career counseling, and administrative assistance. Administrators on the dean of the college's staff include administrative deans and directors of: ALANA Cultural Center; campus safety; Center for Leadership and Student Involvement; chaplaincy; counseling and psychological services; fraternity and sorority affairs; international student services; LGBTQ initiatives; Max Shacknai Center for Outreach, Volunteerism, and Education; residential housing; residential programs; Shaw Wellness Institute; student conduct; student health services and undergraduate scholars programs. Assisting the residential life staff are undergraduate community leaders (CLs), who serve as liaison personnel in all university residences.

### Administrative Deans

Although Colgate is a relatively small institution, it is nevertheless quite complex because of the wide range of educational opportunities available to students. Because of this complexity, the University has established the administrative dean structure to help students in making decisions concerning their undergraduate careers.

Within this structure, every student at Colgate is assigned an administrative dean to whom he or she may turn for advice and assistance. Working collaboratively with Academic Advisers to address the needs of

students holistically, Administrative Deans assist students with interpretation of the university's policies and procedures, as well as with questions pertaining to: graduation requirements, attendance patterns, personal or academic leaves of absence, withdrawal from the university, disciplinary matters, or emergencies or problems that may affect the quality of a student's academic work. Administrative Deans are also available to assist students with personal issues and may, at the request of the student, contact others in the Colgate community or elsewhere who may be better positioned to assist depending on the situation.

### Administration of Student Activities

The Center for Leadership and Student Involvement (CLSI) supports Colgate's commitment to extending liberal arts learning beyond the classroom. Its mission is to provide experiential learning opportunities that develop ethical, articulate, and effective leaders. The professional staff encourages and assists students in their efforts to organize around issues of concern as individuals, students, and active citizens. They also support the positive learning experience that comes from membership and participation in student organizations, where leadership, scholarship, and service are fostered.

Students are encouraged to take on responsibility in student organizations, and their initiatives are supported through coaching and mentoring in leadership and management. Leadership development programs challenge and support Colgate students in the development of important competencies. The function of the office is not to do things for students, but to provide the resources and support that enable students to accomplish things for themselves.

The CLSI partners with students to enrich the social, cultural, physical, and intellectual experience of life at Colgate. Emphasis is placed on understanding and

appreciating the rich diversity of the student body and the Colgate community. The CLSI team collaborates with students in their efforts to create meaningful experiences. The staff is committed to promoting and supporting educational efforts related to physical and emotional health as well as to issues affecting the world beyond the university.

### Student Government Association

The Student Government Association (SGA) is the primary organization on campus that represents the will of the student body. Among other rights listed in Article II of the SGA constitution, every student on campus has the right to vote, run for a position, and join recognized organizations. The elected officials of SGA are charged with improving campus life by promoting student concerns.

The SGA executive is comprised of the president, vice president, elections commissioners, press secretary, recording secretary, and senate-approved *ad hoc* positions. The president and vice president are the primary figures in charge of representing the SGA and its members to administrators, faculty, trustees, alumni, and outside parties. Additionally, the president chairs SGA executive meetings which provide the forum for collaboration between the branches of government and set the agenda for Senate meetings.

The SGA legislature is comprised of the senate, parliamentarian, treasurer, and liaison to student organizations. The senate consists of a total of 40 senators. Each class year is represented by 10 elected senators. The senate is chaired by the speaker of the senate who assigns senators into committees fulfilling the following roles: student affairs, academic affairs, government affairs, student organizations, class affairs, and external affairs. The treasurer chairs the Budget Allocations Committee (BAC) which distributes the revenue from the student activities fee. The BAC meets weekly to hear funding requests from student organizations.

The senate holds weekly meetings to consider matters concerning the entire university community. All meetings are open to the student body and all students are encouraged to attend. Students interested in working with SGA to improve

campus life should contact any SGA official or stop by the SGA office in the O'Connor Campus Center.

### Student Organizations

Many types of organizations and activities are available to students at Colgate. Some are strictly co-curricular; others are related to specific aspects of the academic program. All organizations are open to any student, although some are honorary. The Center for Leadership and Student Involvement, the ALANA Cultural Center, Center for Outreach Volunteerism and Education, and the Office of the Chaplains are the coordinating agencies for the majority of student activities. Fraternities and Sororities are listed later in the chapter. Athletic club sports are listed under "Athletics and Recreation" later in this chapter.

#### Organization Categories

- A Cappella
- Academic
- Career Development
- Cultural
- Dance
- Entertainment
- Environmental
- Languages
- LGBTQ
- Music and Drama
- Philanthropic
- Political
- Publications and Media
- Recreation
- Religious
- Spoken Word
- Student Government
- Wellness
- Other Special Interest

### The COVE

The Max Shacknai Center for Outreach, Volunteerism, and Education is described under "Other Colgate Facilities" in Chapter I.

### Fraternity and Sorority Affairs

Colgate has a long-standing fraternity and sorority tradition. Students may join fraternities and sororities in their sophomore year, and along with other residences on Broad Street, these cooperative-living communities emphasize self-governance and allow students to live with a group of friends. All Broad Street houses are owned and operated by the University and are held

to the high standards expected of all Colgate student organizations. Recognized fraternities and sororities are also advised by professional staff and support from alumni volunteers.

Most Colgate students choose to add to their experience through involvement in close to 200 student organizations, community service teams, and sports clubs. Fraternity and sorority membership represents one of the many ways to be involved at Colgate and attracts about 30 percent of students. These organizations — along with all of the Broad Street houses — add to the range of experiential learning and leadership opportunities that are available to Colgate students.

The university is committed to the principle that there shall be no discrimination based on race, creed, color, national origin, or sexual orientation in the selection of fraternity and sorority members, and that members shall be selected solely on the basis of personal merit. University regulations take priority over international/national fraternity and sorority rules as they do over the rules of all other Colgate organizations. Chapters that cannot operate within the rules established by the university shall forfeit recognition. Groups are also responsible for following the policies of their international/national organizations.

No Colgate student may rush, pledge, join, recruit for, perpetuate, or otherwise engage in activities as an actual or prospective member of an undergraduate fraternal or similar selective membership organization not recognized by the university. Anyone engaging in such activities, either as an actual or prospective member, will be subject to penalties that may include suspension or expulsion.

### **ROTC Program**

Students attending Colgate can participate in the Army Reserve Officer Training Corps (ROTC) through a program administered at Syracuse University. ROTC offers two- to four-year programs with the opportunity for merit-based scholarships. (See Appendix A.) For more information, call the Syracuse University ROTC program at 315-443-2462, or view information online at [armyrotc.syr.edu](http://armyrotc.syr.edu).

## **Student Services**

### **Student Health Services**

**Student Health Services** is located next to Community Memorial Hospital and adjacent to Colgate's athletic facilities. It is staffed by a full-time physician, physician assistant, nurse practitioner, and nurses. Student Health Services is open weekdays and Saturdays while Colgate is in session. The staff is on call after hours, and emergency cases may be processed through the emergency room of Community Memorial Hospital. All care is strictly confidential. The university adheres to New York State health regulations and requires immunizations before matriculation.

Services include treatment of general medical problems, treatment of injuries, birth control/sexuality counseling and testing, minor surgery, and wellness education. The staff is available for residence hall and other group presentations.

**Medical Coverage** After matriculation, any treatment undertaken while the student is off campus should be reported to the director of Health Services. Students with pre-existing health problems, injuries, or disabilities should contact the director of Health Services to discuss their ongoing health needs and the availability of local or out-of-town services. The university is not responsible for transportation to health care facilities in other communities.

The university requires students to carry acceptable health and accident insurance, either through their family plan or a policy available through the university. (See "Insurance" in Chapter III.)

### **Counseling and Psychological Services**

The university's Office of Counseling and Psychological Services (C&PS) is staffed by psychologists, social workers, and counselors representing a wide range of backgrounds, training, and professional interests. Services are offered to students to help with a variety of psychological, interpersonal, and academic problems, which may interfere with educational and/or personal development.

Information obtained in counseling is held in the strictest confidence and will not be communicated by C&PS to anyone

unless requested by the student, required by law, or to avoid what appears to be a clear and imminent danger to the student or others. Information would be released only after most careful deliberation and then only to appropriate persons.

Individual and group psychotherapy and counseling are provided. In addition, outreach programs (addressing a variety of issues including eating disorders, stress management, and relationship concerns), emergency services, crisis intervention, and consultation are offered to individuals and student groups. Specialized counseling and support services for survivors of sexual assault are available. Offices in Conant House, where C&PS is located, are open weekdays from 8:30 a.m. – 5:00 p.m.; staff members are on call for emergencies after hours and on weekends.

### Religious Life and Organizations

The college years are often a time when people shape and refine their fundamental life commitments. The Office of the Chaplains serves the Colgate community by providing a dynamic, friendly, and supportive place in which students can seek answers to life's biggest questions. Students are encouraged to become the best versions of themselves, growing as people of integrity and commitment. To do this, strong, active faith communities are cultivated. It is the hope that, through participation in Colgate's religious communities, students are brought to a greater understanding of and fidelity toward their own traditions.

Interfaith partnership is a strongly held value here at Colgate. The interfaith dynamic recognizes substantive differences while promoting respect and friendship across religious lines. Since college provides a great opportunity to explore the ways in which others make sense of the world, our program promotes interfaith understanding and cooperation.

In embracing Colgate's motto, "For God and Truth," the Office of the Chaplains works collaboratively with Colgate's faculty and staff to provide students with intellectually robust ways to integrate their religious and ethical commitments with their academic pursuits.

**The Buddhist Student Association (BSA)**, founded in 2003, meets regularly for meditation. A student-run organization that is run collaboratively with faculty and staff, the group facilitates discussions on Buddhist thought and how to integrate the teachings into the lives of busy college students.

**Colgate Christian Fellowship (CCF)** is the student-led chapter of InterVarsity Christian Fellowship (IVCF). It maintains close relationships with churches in the area as well as the chaplains at Colgate. The CCF sponsors weekly large group meetings, regular small group bible studies, speakers, social events, and service projects.

**The Colgate Newman Community** is the Catholic group at Colgate. The Newman Community has four primary concerns: (1) the worship of Jesus Christ, (2) service and hospitality to the needy, (3) education and spiritual formation, and (4) building community through social activities. The Newman Community is centered in the celebration of the Eucharist and seeks to create a faithful Catholic community on campus.

**The Hindu Student Association at Colgate (HSA)** gives Hindu students an opportunity to observe their religion and also provides the community a chance to learn more about Hinduism. Besides regular prayer meetings, the HSA organizes an annual Diwali festival with prayers and festivities and celebrates other holidays as well.

**Colgate's Hillel, the Colgate Jewish Union**, is a student-led organization that promotes Jewish religious, intellectual, and cultural life. The Saperstein Jewish Center houses kosher kitchens, a library of Judaica, and a lounge space. It is also home to a sanctuary where students lead services and prepare Shabbat dinner weekly.

**The Muslim Student Association (MSA)** provides an opportunity for Muslim students to worship, to socialize, and to educate themselves and others about Islam. The student-led group holds regular Friday Jumaah prayers, Quranic study, Eid celebrations and iftar meals, halal dinners, film screenings, discussions, and excursions

**University Church (UC)** is Colgate's Protestant community. UC is committed to embodying the diversity of the Body of Christ by celebrating a range of worship styles and ministry emphases. Worship is at noon on Sundays, with a catered lunch following. Music is rich and varied, preaching is biblically centered and the Lord's Supper is celebrated each week. University Church life is led by the Protestant Chaplain and a student board of deacons. It includes a weekly Bible study lunch, speakers, social events, and service projects.

**The Secular Association of Skeptical Students (SASS)** is a student organization for those who share secular beliefs. Through philosophical discussion and scintillating guest speakers, students of non-religious views have an opportunity to add their voice to the interfaith discussion. SASS seeks to alleviate the stigma against non-theists by promoting education, cooperation, community service, and active involvement in the interfaith movement at Colgate.

**All Beliefs Community (ABC)** is a student club comprised of representatives from all of the aforementioned religious organizations. This club was created to encourage and enhance dialogue and collaboration between groups. ABC sponsors the monthly interfaith dinners, provides a panel of students for some Heretics Club lunches, and co-sponsors many other multi-faith events.

**Heretics Club** Colgate's Heretics Club lunch discussion series was created to elevate the conversation on campus about life's "big questions." Through lectures and conversations with a very diverse group of faculty, staff, and students, the series demonstrates that people of different religious convictions and worldviews can have meaningful and productive conversation about ultimate ideas. Heretics Club meets weekly when classes are in session.

**Area congregations** Students are welcome in local congregations including Cornerstone Baptist Church, First Baptist Church, Park United Methodist Church, St. Thomas' Episcopal Church, St. Mary's Catholic Church, Hamilton Bible Fellowship, Randallsville New Life Church, a Latter Day Saints congregation, and a nearby Quaker meeting.

## Residential Life

A residential liberal arts education furthers intellectualism, civic engagement, understanding, and respect for all aspects of diversity and inclusion, personal wellness and accountability, and the development of lifelong connections.

Colgate's residential environment supports students' formal education and, through extracurricular life, provides experiences and responsibilities of being a contributing member of a respectful and just community. This residential experience extends learning throughout the entirety of campus life.

The communities within student living areas offer a variety of experiences. These experiences include shared interest communities for first-year students, sophomore residential seminars with an international travel component, the Broad Street community of self-governed residences where students learn skills of community building and civic engagement, and the Neighbor-to-Neighbor program, which provides support and mentorship for students living off campus.

**The Office of Residential Life** is committed to student learning and growth in our residential community and promoting a purposeful and inclusive environment through shared expectations. This is accomplished by promoting healthy, safe, and inclusive communities where individual members are valued and respected; fostering personal growth and success through purposeful residential experience; and challenging and supporting students in making meaningful and responsible contributions to society. The department is administered by the director of residential programs and is staffed by residential life professionals who provide guidance and support to all communities throughout the university.

Each living community on campus is overseen by an assistant director for residential programs, who is responsible for the overall operation of the area. Each assistant director manages the staff, resources, community development, and administrative functions of a living community. The student staff of community leaders (CLs) serves as mentors and sources

of information to assist students in making their Colgate experience as fulfilling as possible.

### Residential Living Options

The university provides vibrant and diverse options for campus living, including traditional residence halls, thematic communities, townhouses, and apartment complexes. Contracts for university housing are for a period of one academic year.

### Residential Commons

By 2018, all first- and second-year students will live in a faculty-led residence hall on campus. In each of these residential learning communities, faculty co-leaders will be especially engaged with students, holding classes and study groups in residence and organizing cultural and intellectual programming. Through community-service activities, recreational programming, social outings and events, and team-building activities, students will form lasting bonds with faculty and their peers. The Ciccone Commons, launched in fall 2015, is the first community of its kind on the Colgate campus. The second Commons will open in fall 2016 in the Bryan Complex.

### Traditional Residence Halls

First-year students and sophomores live in the traditional coeducational residence halls including Andrews, Bryan, Curtis, Cutten, Drake, East, 'Gate House, Stillman, West, and 94 Broad Street. Sophomores may also reside in the townhouses. Students living in these residence halls participate in one of several meal plan options available through the campus dining service. First-year students are required to be on the most comprehensive plan offered. However, all meal plans provide flexibility for use in any of the dining facilities, at a wide variety of times throughout the day.

### Interest Communities

One of the attractive features of residential life at Colgate is the opportunity to live in small, self-governed communities in which students learn skills of community building and civic engagement. Some

of these communities have strong links to academic departments and faculty mentors. The university also offers residential communities without themes for small groups of students interested in living together. All provide students with opportunities for self-governance, leadership, and personal responsibility. Students who live in some interest communities participate in cooperative meal plans.

The interest communities offer diverse housing alternatives including fraternity and sorority houses, Cushman House, the Loj, Creative Arts House, Class of 1934 House, Bunche House, La Casa, and Asia Interest House. These, and other house communities, complement the residential vision for the university and actively participate in the Broad Street Association, an inclusive board of students who provide funding for social events along Broad Street.

### University Apartments and Townhouses

The university manages and maintains three apartment complexes (Newell, Parker, and University Court) and a townhouse complex that accommodate upperclass students. These are self-governed residences where students learn and utilize skills of community building. The units are furnished and have complete kitchens. Residents typically do their own cooking, but they are welcome to purchase dining hall meal plans, with the exception of sophomores who are required to have a meal plan.

### Off-Campus Housing

Consistent with Colgate's four-year approach to residential education, the university allows a small number of seniors to live off campus in apartments and other housing units. The option to live independently off campus is intended to provide students with the opportunity to develop the skills needed to manage a household and live as part of a broader community, and to accept the responsibilities attendant to this privilege. The experiences that students gather through negotiating a lease, paying rent,

managing routine expenses, maintaining a kitchen, and living among neighbors of varied ages and backgrounds can be invaluable in preparing them for life after college.

For a variety of reasons, living off campus is not the right choice for all students. For many, the opportunity to live in interest houses or to develop on-campus communities in Colgate-owned apartments or townhouses better meets their interests. Moreover, Colgate is acutely aware of the impact that off-campus students can have on the local residential community. As such, Colgate limits the number of students allowed to live off campus to 250 members of the senior class. Seniors who wish to live off campus must apply to the Office of Residential Life for permission to do so. Priority for off-campus permission is granted through a lottery process conducted in the fall semester of junior year. Permission is granted on a group basis.

## University Governance

### The University Governance System

An Academic Affairs Board and a Student Affairs Board, both of which are composed of faculty, students, and administrators, participate in the development of policies concerning academic and extracurricular life. In addition, there are several liaison committees that report to the faculty and Student Senate and act in an advisory capacity to members of the president's staff.

The faculty and the Student Senate may review decisions of the Academic and Student Affairs Boards, hear regular reports from the liaison committees that affect their principal areas of interest, and also recommend that the boards and committees act in any area under their jurisdiction.

### University Code of Student Conduct

Students at Colgate University accept membership in an academic community dedicated to the pursuit of intellectual and personal growth. As a liberal arts college, Colgate seeks to provide opportunities for students, both inside and outside the

classroom, to develop critical thinking, integrity, judgment, a common experience of learning, appreciation of cultural and ethnic diversity, as well as the social and ethical values necessary for community life.

Colgate expects its students to conduct themselves in a manner that is consistent with the institutional community's pursuit of its educational objectives. The integrity of the Colgate community depends upon each member's acceptance of individual responsibility and respect for the rights of others. Colgate expects that its students will not lie, steal, cheat, or engage in dishonest or unlawful behavior or any other behavior intended to inflict physical or emotional harm on oneself, another person, or the community. Colgate students must abide by university policies and comply with directions of university officials acting in performance of their duties.

### Student Discipline

The System of University Standards and Student Conduct resolves possible violations of the University Code of Student Conduct by matriculated or enrolled Colgate students on or off campus. It is not a substitute for any civil or criminal court proceedings. Students on campus, as well as off campus, are subject to federal, state, and local laws.

As part of its disciplinary structure, the university maintains a University Student Conduct Board composed of students, faculty, and administrators. It hears cases involving violations of the University Code of Student Conduct.

The procedures and rules for student discipline are printed in the *Colgate Student Handbook*.

### Academic Honor Code

The *Colgate Student Handbook* outlines Colgate's standards of academic integrity and the Academic Honor Code. The handbook defines academic dishonesty and outlines how cases of suspected academic dishonesty are reported, investigated, and resolved.

## Policy on Public Order and/or Hazing

Colgate is committed to conducting its affairs in an orderly manner and to maintaining a sense of community. It is also committed to the discharge of legal and moral responsibilities, especially as they relate to the rights of freedom of speech and peaceful assembly in the university community. Lawlessness in any form, or for any reason, will not be tolerated. *Specifically prohibited is any action or situation that recklessly or intentionally endangers mental or physical health, or involves the forced consumption of alcohol or drugs for the purpose of initiation or affiliation with any organization.* For the full policy on hazing, see the *Colgate Student Handbook*.

Individuals or groups who engage in acts that, in the judgment of the president of the university or designated representatives, violate public order on university property or on property supervised by the university, or who ignore or refuse to comply with specific university directives designed to maintain public order, or who pose a threat to the lives or safety of themselves or others, will be advised of the following consequences of such acts:

1. Visitors or licensees will be directed to leave the university property or be subject to immediate arrest and removal.
2. Students, faculty, staff, or other employees will be suspended from whatever status the individual has with the university and/or be subject to such other penalties deemed to be more effective. Disciplinary actions will be subject to review by the appropriate body by procedures adopted by the faculty for faculty members, by the University Student Conduct Board for students, and by the president of the university or designates for all others.
3. Failure by students, members of the faculty or staff, or other employees to comply with university directives may result in civil or criminal prosecution of the individuals or groups concerned including, if necessary, ejection from the university property or property supervised by the university. Other disciplinary action including expulsion or dismissal will be taken by the university as deemed appropriate.

4. *Any organization that authorizes or permits proscribed conduct referred to above shall be subject to rescission of permission for that organization to operate on campus property.*

The above resolution was moved, duly seconded, and formally voted at the meeting of the Colgate University Board of Trustees on November 12, 1980, a quorum as required by the Bylaws being present for the conduct of business.

## Campus Crime Reporting and Statistics

Colgate University is committed to providing a safe, supportive, and secure environment for the entire University community, including visitors. All members of the Colgate community are encouraged to promptly report crimes and fires to the Campus Safety Department by dialing 315-228-7911. Campus Safety is available 24 hours a day, 7 days a week.

The Campus Safety Department will provide upon request a copy of Colgate's Annual Security and Fire Safety Report. This report includes statistics as reported to the United States Department of Education for the previous three years concerning reported:

1. crimes that occurred on-campus; in certain off-campus buildings or property owned or controlled by Colgate University; and on public property within, or immediately adjacent to and accessible from, the campus and
2. fires that occurred in student housing facilities.

The report also includes institutional policies concerning campus security and fire safety, such as policies concerning sexual assault, life safety systems, and other related matters. To obtain a copy contact Gert Neubauer, Associate Director of Campus Safety, 315-228-7333, or via email at [gneubauer@colgate.edu](mailto:gneubauer@colgate.edu). You may also access the report from the Campus Safety web page at: [colgate.edu/offices/support/campusafety](http://colgate.edu/offices/support/campusafety).

Crime and fire statistics for all colleges and universities are available for review at the United States Department of Education's website: [ope.ed.gov/security/](http://ope.ed.gov/security/).

## Athletics and Recreation

The Division of Physical Education, Recreation, and Athletics offers a stimulating and carefully planned variety of individual and team activities for the experienced, as well as inexperienced, participant. While Colgate's varsity teams compete against some of the strongest teams in the nation, the intramural and club sports programs offer both competitive and noncompetitive recreational and instructional opportunities in extremely broad-based programs.

The campus governance system, through the Committee on Athletics, provides for faculty and student input into the varied programs of the Division of Physical Education, Recreation, and Athletics. The committee acts as an advisory body to the director of the Division of Physical Education, Recreation, and Athletics. Committee reports may go on to the Academic Affairs Board, faculty, or Student Senate.

### Intercollegiate Athletics

**Scope** Colgate is a member of NCAA Division I and proud of its intercollegiate athletic traditions. The university has played an active and distinguished role in intercollegiate athletics since 1886 and currently fields teams in the following sports for men and women: basketball, cross country, ice hockey, lacrosse, rowing, soccer, swimming, tennis, and track and field; football and golf for men; and field hockey, softball, and volleyball for women. All teams compete in the Patriot League, with the exception of men's and women's ice hockey, which are members of the Eastern College Athletic Conference and men's rowing, which is a member of the International Rowing Association.

**Athletics Awards** A varsity or a participation award is granted based on the number of years an athlete is a member of a varsity team.

The division recognizes outstanding scholar-athletes through the Patriot League Conference and the Eastern College Athletic Conference. See also "Honors and Awards: Athletics" in Chapter VI for information about Colgate awards for scholar athletes.

**Athletics Managers** Students who enjoy affiliation with sports, although they are not members of varsity teams, can pursue their interests in athletics by serving as managers.

### Other Athletics Activities

**Club Sports** provide additional opportunities for involvement in activities, many of which are not normally offered through the intercollegiate varsity program. Competition is generally on a higher level than intramural sports, yet not as formal or intense as that at the varsity level.

The clubs are headed by student officers, and most are student coached. Although the university subsidizes these clubs, most require membership dues to help defray costs.

The following clubs are active at this time: badminton, baseball, women's basketball, curling, cycling, equestrian (English and Western), fencing, field hockey, figure skating, golf, ice hockey, indoor rock climbing, juggling, lacrosse, martial arts (aikido, American karate, and taekwon do), rugby, running, sailing, ski racing, soccer, squash, swimming, table tennis, tennis, triathlon, ultimate frisbee, volleyball, and water polo.

**Intramural Sports** at Colgate have a rich tradition. Many activities are offered throughout the academic year, ranging from team sports such as, basketball, billiards, broomball, dodgeball, flag football, ice hockey, indoor soccer, soccer, and softball, to individual or dual activities such as trap shooting and bowling.

In the team sports, round-robin competition is established within leagues, culminating in all-university championship playoffs for the top teams. In the individual and dual sports, either elimination tournaments or championship meets determine all-university champions. Fees are charged for bowling and trap shooting.

**Informal Recreation** Informal "drop-in" recreational time is made available so that students can participate at their leisure. Except for physical education classes, intercollegiate athletic practice times, and formal intramural time, most facilities are scheduled for open recreation. Popular

activities include basketball, bowling, ice skating, racquetball, squash, swimming, tennis, and fitness training.

**Fitness** is a new and expanding program area for Colgate's Recreation Department. Since the opening of the state-of-the-art Trudy Fitness Center in 2011, fitness and wellness programming have been in high demand. Colgate offers a wide range of group exercise classes for all fitness levels. Group exercise classes are offered throughout the academic year and are a fun and social way to be physically active. Class offerings include yoga, indoor cycling, aerobics, pilates, dance fitness and high intensity interval training. In addition to group exercise classes, Colgate Recreation offers fitness center orientations, workshops on various health and fitness topics and personal training services. Personal training is a fee-based service and all Colgate Personal Trainers are certified professionals by an accredited organization.

**Outdoor Education** The mission of Colgate's Outdoor Education Program is to provide the community with experiential opportunities that emphasize safety, environmental awareness, and technical skills, while promoting personal growth and group development through rediscovery of the natural world. Students may earn physical education credit for participation in outdoor education activities and courses. Outdoor education courses offered for physical education credit are noncompetitive in nature and are designed to meet the needs of beginning- and intermediate-level participants. Courses taught include flat and whitewater kayaking and canoeing; backpacking; nordic skiing (classical, skate, and telemark); caving; rock, ice, and tree climbing; snowshoeing; wilderness survival; fly fishing; winter and summer camping; geocaching; peak and day hiking; and backcountry cooking.

The program also includes a selective and intensive leadership staff training program through which student leaders are taught technical outdoor skills, environmental education, safety awareness, and group facilitation skills. Staff training consists of classroom time and experiential

outings, including camping trips to the Adirondacks and a Wilderness First Responder medical certification course.

For more information about the Outdoor Education Program and its offerings, see "Physical Education," listed alphabetically in Chapter IX.

## Athletics Facilities

### Abrahamson Tennis Courts

Eight outdoor courts

### Athletics Fields

400-meter all-weather track

Andy Kerr Stadium and Frederick

H. Dunlap Stands — varsity football and lacrosse

Beyer-Small '76 Field

Football practice fields

Harry Lang Cross-Country and Fitness Trail

Hooks Wiltse Field varsity softball diamond

Intramural and club fields

Soccer practice fields

Tyler's Field — outdoor artificial surface practice and competition field, field hockey and lacrosse

### The Beattie Reserve

85-acre wooded area with a mile-long nature trail for hiking, snowshoeing, and skiing; a 30-foot diameter yurt with woodstove and outhouse; and an Adirondack-style lean-to for camping, located near campus on Bonney Road

### Class of 1965 Arena

Steven J. Riggs '65 Rink

Tighe P. Sullivan '83, P'16, '17, '19 Reception Suite

Equipment and training rooms

### Colgate University Seven Oaks Golf Course

Practice range

Robert Trent Jones championship course

### Glendening Boathouse

Home for varsity rowing programs and recreational sailing, canoeing, kayaking, and rowing on nearby Lake Moraine

**Huntington Gymnasium**

Facilities for physical education classes, club and intramural sports, and recreation:

Angert Family Climbing Wall  
Basketball/volleyball courts  
Group Exercise Studios  
Gymnasium  
Huntington Equipment Services  
Indoor Cycling Studio  
Mark P. Buttitta '74 Varsity Weight Room  
Martial Arts Studio  
Persson Dance Studio  
Sauna  
Squash, handball, and racquetball courts

**Harry H. Lang Cross-Country Course**

Intercollegiate cross-country course for men and women  
10-km cross-country ski trail system

**Grace L. Lineberry Natatorium**

An L-shaped, 50-meter, 6-lane pool, with a 50-yard competition area, one- and three-meter diving stations, and movable bulkheads that allow the pool to be separated into three teaching areas

**Outdoor Education Base Camp**

Classroom and meeting space for outdoor education courses and activities  
Outdoor equipment rental center with an extensive inventory of camping, backpacking, skiing, and snowshoeing equipment  
Resource library of maps, books, and videos

**William A. Reid Athletic Center**

Bowling center  
Geyer/Campbell Sports Medicine Center  
Howard Starr Hockey Rink  
Wesley M. Cotterell Court — basketball and volleyball

**Charles H. Sanford Field House**

200-meter track  
All-purpose practice surface  
Batting cages  
Doering First Aid Room  
Long- and high-jump areas  
Tennis courts — four indoor

**Trap Range**

Trap range and club house facility

**Trudy Fitness Center**

A state-of-the-art fitness center available to members of the campus and local community; with common space for exercise, wellness-related activity, and cardiovascular and strength equipment